


# Elementary Lunch



# Blue Jay Café



# September 2023

Monday	Tuesday	Wednesday	Thursday	1 Friday Day 1
<b>Available Daily:</b> Side Salad Fresh Fruit Low-fat & fat-free milk				Turkey & Cheese/Bun OR String Cheese & Yogurt Goldfish Crackers Baby Carrots/Applesauce 100% Juice
4 Monday	5 Tuesday Day 2	6 Wednesday Day 3	7 Thursday Day 4	8 Friday Day 5
	Chicken Tenders Soft Pretzel Peas Pineapple Tidbits  <i>Alternate: Wowbutter &amp; Jelly</i>	Blue Jay Hoagie Vegetable Soup Crackers Mandarin Orange Jell-O	Chicken in Gravy Buttermilk Biscuit Mashed Potatoes Diced Pears	Hotdog/Bun OR String Cheese & Yogurt Fritos Corn Chips Baby Carrots Applesauce Cup 100% Juice
11 Monday Day 6	12 Tuesday Day 1	13 Wednesday Day 2	14 Thursday Day 3	15 Friday Day 4
Homemade Pizza Broccoli Warm Peach Crisp  <i>Alternate: BBQ Pork Rib/Bun</i>	Breaded Cheese Ravioli/ Mozzarella Cheese Sticks Marinara Sauce Corn Mandarin Oranges	Turkey Bacon Cheese Croissant Melt Mashed Potatoes Sliced Peaches	Cheese Lasagna Garlic Breadstick Cooked Candied Carrots Diced Pears	Hamburger/Bun OR String Cheese & Yogurt Mini Choc Chip Cookies Baby Carrots Applesauce Cup 100% Juice  
18 Monday Day 5	19 Tuesday Day 6	20 Wednesday Day 1	21 Thursday Day 2	22 Friday Day 3
Bacon Cheeseburger/Bun Baked Beans Pineapple Tidbits   <i>Alternate: Hamburger/Bun</i>	Scrambled Eggs/Sausage Mini Pancakes Warm Maple Syrup Tater Tots Warm Cinnamon Apples	Pizza Crunchers Marinara Sauce Sunchips Green Beans Applesauce	Chicken Fries Fritos Corn Chips Broccoli Mandarin Orange Jell-O	Turkey & Cheese/Bun OR String Cheese & Yogurt Goldfish Crackers Baby Carrots Diced Peach Cup 100% Juice
25 Monday Day 4	26 Tuesday Day 5	27 Wednesday Day 6	28 Thursday Day 1	29 Friday Day 2
Boneless Wings Soft Pretzel Carrot & Celery Sticks Pineapple Tidbits  <i>Alternate: Turkey &amp; Cheese/Bun</i>	Mac & Cheese Fish Sticks Mixed Vegetable Strawberry Cup	Turkey Bacon Cheese Wrap Doritos French Fries Sliced Peaches	Teriyaki Chicken White Rice Garlic Breadstick Broccoli Mandarin Oranges	Chicken Patty/Bun Potato Chips Baby Carrots Applesauce Cup 100% Juice



\*Chef salads are available Monday-Thursday. Students must sign up each day they want a salad. Sign up clipboard is located in the cafeteria during breakfast. Chef salad consists of-popcorn chicken, roll, croutons & cheese cup. Ranch and Italian dressing is available.